

# Emmanuel Holcombe CE Primary School



**Growing and learning through faith, family and friendship.**

## PE Curriculum Overview

School staff	External Coach
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*Intent: To inspire and nurture all children to lead a healthy and active lifestyle.*

<b>EYFS/KS1 Key Skills (Fundamental Movement Skills):</b> <i>Fundamental Movement Skills (FMS) come from the National Curriculum for Physical Education basic movement skills to be mastered by the end of KS1.</i>					
<b>Agility</b>	<b>Balance</b>	<b>Throwing &amp; Catching</b>	<b>Control &amp; Coordination</b>	<b>Jumping &amp; Landing</b>	<b>Travelling</b>

<b>KS2 Key Skills (Multi Skills through sports games &amp; competition):</b> <i>Multi Skills (MS) come from the National Curriculum for Physical Education.</i>					
<b>Attack &amp; Defense (Invasion)</b>	<b>Sending &amp; receiving</b>	<b>Striking &amp; fielding</b>	<b>Movement (Strength, agility and stamina)</b>	<b>Accuracy &amp; reaction</b>	<b>Outdoor Adventurous Activity (OAA)</b> <i>[see separate overview]</i>

**NB: OAA (Outdoor and Adventurous Activities) will also be covered on visits, residentials, local walks and timetabled provision within school e.g. Forest School**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS pupils should be taught about:						
<b>Rec</b>	Fundamental Movement Skills <i>FMS: Control &amp; Coordination</i>	Fundamental Movement Skills <i>FMS: Agility; Control &amp; Coordination; Jumping &amp; Landing; Travelling</i>	Stability <i>FMS: Agility; Control &amp; Coordination; Travelling</i>	Object Manipulation <i>FMS: Agility; Control &amp; Coordination</i>	Gymnastics <i>FMS: Balance; Jumping &amp; Landing; Travelling; Control &amp; Coordination; Agility</i>	Target Games <i>FMS: Travelling; Control &amp; Coordination; Throwing &amp; Catching</i>
Key Stage 1 Pupils should be taught about:						
<b>Willow Year A</b>	Fundamental Skills	Net & Wall Skills	Target Games	Ball Skills	Striking & Fielding	Athletics
	Team Building	Gymnastics	Dance	Gymnastics	Fitness	Dance
<b>Willow Year B</b>	Fundamental Skills	Net and Wall Skills	Invasion Games	Ball Skills	Sending & Receiving	Athletics
	Team Building	Gymnastics	Dance	Gymnastics	Fitness	Dance

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 2 Pupils should extend their learning in KS1 and build on their knowledge about:						
<b>Beech Year A (Y3 GSP)</b>	Circuit Training/Fitness	Dodgeball	Badminton	Football	Tag rugby	Rounders
	OAA	Gymnastics	Dance	Gymnastics	Athletics	Dance
<b>Beech Year B (Y4 GSP)</b>	Hockey	Basketball	Volleyball	Netball	Tennis	Cricket
	OAA	Gymnastics	Dance	Swimming	Athletics	Dance
<b>Oak Year A (Y5 GSP)</b>	Circuit Training/Fitness	Dodgeball	Badminton	Football	Tag rugby	Rounders
	OAA	Gymnastics	Dance	Gymnastics	Athletics	Dance
<b>Oak Year B (Y6 GSP)</b>	Hockey	Basketball	Volleyball	Netball	Tennis	Cricket
	OAA	Gymnastics	Dance	Gymnastics	Athletics	Dance

