Growing and learning through faith, family and friendship.

PE Curriculum Overview

Intent: To inspire and nurture all children to lead a healthy and active lifestyle.

Class Mr Ball Teacher

Fundament	EYFS/KS1 Key Skills (Fundamental Movement Skills): Fundamental Movement Skills (FMS) come from the National Curriculum for Physical Education basic movement skills to be mastered by the end of KS1.							
Agility	Balance	Throwing & Catching	Control & Coordination	Jumping & Landing	Travelling			

KS2 Key Skills (Multi Skills through sports games & competition): Multi Skills (MS) come from the National Curriculum for Physical Education.					
Attack & Defense (Invasion)	Sending & receiving	Striking & fielding	Movement (Strength, agility and stamina)	Accuracy & reaction	Outdoor Adventurous Activity (OAA) [see separate overview]

NB: OAA (Outdoor and Adventurous Activities) will also be covered on visits, residentials, local walks and timetabled provision within school e.g. Forest School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
	EYFS pupils should be taught about:								
	Introduction to PE: Unit 1 & 2 Fundamentals Unit 1 Gymnastics Unit 1 Dance Unit 2 Ball Skills Unit 1 Ball Skills Unit 2								
Rec		Dance Unit 1	Fundamentals Unit 2	Games Unit 1	Gymnastics Unit 2	Games Unit 2			
	Key Stage 1 Pupils should be taught about:								
	Key Stage 1 Pupils should be taught about.								
	Fundamentals Y1	Fitness Y1	Dance Y1 Gymnastics Y1						
Willow Year A									
Teal A	Team Building Y1	Athletics Y1	Ball Skills Y1	Sending and Receiving Y1	Striking and Fielding Y1	Target Games Y1			
	Fundamentals Y2	Fitness Y2	Dan	ce Y2	Gymnastics Y2				
Willow									
Year B	Team Building Y2	Athletics Y2	Ball Skills Y2	Sending and Receiving Y2	Net and Wall Games Y2	Invasion Games Y2			
- Teal D									

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Key Stage 2 Pupils should extend their learning in KS1 and build on their knowledge about:								
Beech	Fundamentals Y3	Gymnastics Y3	Netball Y3	Dodgeball Y3	Hockey Y3	Basketball Y3		
Year A	Football Y3	Tag Rugby Y3	Dai	nce Y3	Athletics Y3	Rounders Y3		
Beech	Fundamentals Y4	Dance	Gyn	nnastics Y4	Athletics Y4	OAA Y3		
Year B	Football Y4	Fitness	Netball Y4	Ball Skills Y4	Hockey Y4	Tennis Y3		
Oak	Fitness Y5	Gymnastics Y5	Dance Y5		Hockey Y5	OAA Y5		
Year A	Football Y5	Tag Rugby Y5	Netball Y5	Dodgeball Y5	Athletics Y5	Rounders Y5		
Oak	Fitness Y6	Dance Y6	Gymnas	stics Y6	Hockey Y6	Tennis Y5		
Year B	Football Y6	Badminton Y5	Netball Y6	Volleyball Y5	Athletics Y6	Cricket Y5		

<u>Clubs</u>

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Football KS2	Football KS2	Netball KS2	Netball KS2	Rounders KS2	Cricket KS2
Invasion Games KS1	Invasion Games KS1	Net and Wall KS1	Net and Wall KS1	Athletics KS1	Tennis KS1
Cross Country	Cross Country	Dodgeball	Table Tennis	Hockey	Hockey

Competitions (KS2)

Autumn	Spring	Summer
Football	Netball	Rounders
Cross Country	Dodgeball	Hockey